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| **Breakfast** | |
| **global (special)** | **veggie scramble** |   | broccoli, mushroom, onion, spinach, tomato |
|  | **scrambled eggs** | |
|  | **breakfast potato** |   | onion, salt, pepper |
|  | **bacon** |
|  | **breakfast vegetarian patty** | |
|  | **rice** | |
|  | **chickpeas stir fry** |   **Special Instructions:** , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper | olive oil, salt, pepper, basil, parsley, shallot |
|  | **roasted cauliflower** |   **Special Instructions:** olive oil, salt, pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
| **sweets (special)** | **croissants** |
| **Lunch** | |
| **Grill (special)** | **cheese burger** |  | shredded iceberg lettuce, tomatoes, onions, cheddar cheese, and american dressing on a brioche bun Rossmoor Pastries |
|  | **substitute lettuce wrap for any burger or sandwich** |
|  | **impossible burger** |  | shredded iceberg lettuce, sliced tomatoes, red onions, and yogurt mint dressing on a sesame bun |
|  | **fries** | |
| **herbivore (special)** | **power bowl** | |
|  | **cauliflower brown rice** | |
|  | **roasted zucchini & yellow squash** |   | olive oil, salt, pepper, paprika |
|  | **sauteed spinach** | |
|  | **saffron infused chickpeas** |   | saffron, olive oil, salt, pepper |
|  | **piquillo pepper aioli** |   | olive oil, salt, pepper, piquillo pepper |
| **global (special)** | **sticky rice** | |
|  | **general tso's chicken** |   | contains sesame oil, garlic, soy sauce JF Organic Farms |
|  | **general tso's fried plant base chicken** |  | sesame oil, garlic, ginger, soy sauce , |
|  | **vegetable medley** |   | brussel sprouts, broccoli, cabbage, soy sauce, sesame , ginger |
|  | **spring roll** | |
| **oasis (special)** | **potato & vegetable hearty stew** |   | potato, carrots, celery, kidney beans, parsley, tomato, fresh herbs, salt , pepper , olives |
|  | **black beans & rice** |   **Special Instructions:** pepper medley, onion, parboiled rice, black beans, cumin, oregano, bay leaf, salt, pepper |
|  | **roasted rainbow carrot** | |
|  | **roasted cauliflower** |    | olive oil, salt, pepper, parsley Babe Farms |
|  | **beef mojo** |    | orange juice, lime juice, cumin, oregano, onion, canola oil, salt , pepper, fresh herbs garlic, Babe Farms |
|  | **allergy free chicken** |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **Tuscan kale & grilled chicken salad** |  | Tuscan kale & arugula salad mix, grilled chicken, heirloom cherry tomatoes, dried cranberries, garlic, blue cheese , parsley vinaigrette |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **margarita pizza** |  | fresh pizza dough, fresh mozzarella, tomato sauce, tomato, basil |
|  | **hawaiian pizza** | fresh pizza dough, tomato sauce, mozzarella cheese, pineapple, ham |
|  | **cheese pizza** | |
|  | **roasted veggie pizza** |  | mixed roasted vegetables |
| **Soup (special)** | **hearty beef & vegetable soup** | |
|  | **lentil soup** | |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **chocolate Brownie** |
| **Dinner** | |
| **Grill (special)** | **street taco bar** | |
|  | **grilled chicken** | |
|  | **carne asada** | |
|  | **pork carnitas** | |
|  | **corn tortillas** | |
| **herbivore (special)** | **refried beans** | |
|  | **spanish rice** | |
|  | **guacamole** |   **Special Instructions:** onion, cilantro, tomato, lime juice, cumin, salt, pepper |
|  | **pico de gallo** |   **Special Instructions:** onion, tomato, jalapeno, salt, pepper, lime juice, cilantro |
|  | **tortilla chips** | |
|  | **impossible meat** |   | onion, dice pepper medley, cilantro, salt, pepper, paprika, cumin |
| **global (special)** | **pasta bar** |
|  | **grilled chicken** | |
|  | **shrimp scampi** |   | butter, garlic, parsley, lemon juice, salt & pepper |
|  | **penne pasta** | |
|  | **gluten free penne pasta** | |
|  | **steamed broccoli** |
|  | **roasted pepper medley** |   | olive oil, salt, pepper |
|  | **sauteed mushrooms & spinach** | |
|  | **green beans** | |
|  | **parmesan cheese** | |
|  | **dinner rolls** |  **Special Instructions:** butter, garlic, parmesan cheese, parsley |
|  | **piccata sauce** |   | butter, tarragon , caper, shallot, lemon juice, heavy cream, salt, white pepper, garlic, white wine, corn starch |
|  | **marinara sauce** | |
| **oasis (special)** | **allergy free chicken** |
|  | **roasted fingerling potatoes** |   | salt, pepper, olive oil |
|  | **roasted brussels sprouts** |   | olive oil, salt , pepper, |
|  | **steamed broccolini** | |
|  | **allergy free pork loin** |   | Mariposa Ranch |
|  | **chickpea stew** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **Tuscan kale & grilled chicken salad** |  | Tuscan kale & arugula salad mix, grilled chicken, heirloom cherry tomatoes, dried cranberries, garlic, blue cheese , parsley vinaigrette |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **margarita pizza** |  | fresh pizza dough, fresh mozzarella, tomato sauce, tomato, basil |
|  | **hawaiian pizza** | fresh pizza dough, tomato sauce, mozzarella cheese, pineapple, ham |
|  | **cheese pizza** | |
|  | **roasted veggie pizza** |  | mixed roasted vegetables |
| **Soup (special)** | **hearty beef & vegetable soup** | |
|  | **lentil soup** | |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **chocolate Brownie** |

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| **Breakfast** | |
| **global (special)** | **scrambled eggs** | |
|  | **breakfast potato** | |
|  | **pork link** | |
|  | **breakfast vegetarian patty** | |
|  | **cannellini beans** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper | olive oil, salt, pepper, basil, parsley, shallot |
|  | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **turmeric vegetarian wheat berry** | |
|  | **sticky rice** | |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
| **Lunch** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **salmon burger** |  | arugula, onion, tomato, pickles, Tapatio aioli |
|  | **sweet potato fries** | |
| **herbivore (special)** | **vegan orange chicken** |  | pepper medley, onion, garlic, soy, ginger, sesame oil |
|  | **fried rice** | |
|  | **sauteed snow peas** |   | garlic, onion, pepper medley, snow peas, soy sauce, brown sugar |
| **global (special)** | **burrito bar** |
|  | **spanish rice** |   **Special Instructions:** parboiled rice, salt, pepper, onion powder, nutritional yeast, cilantro , lime juice, canola oil |
|  | **black beans** |   **Special Instructions:** onion, salt, pepper |
|  | **carne asada** | |
|  | **chicken tinga** |   **Special Instructions:** achiote, orange juice, salt, pepper, agave, canola oil, garlic |
|  | **achiote tofu scramble** |   **Special Instructions:** vegan butter, onion, chayote, carrot |
|  | **pico de Gallo** | |
|  | **guacamole** | |
|  | **lettuce** | |
|  | **green & red salsa** | |
| **oasis (special)** | **roasted pork loin arugula pesto** |   **Special Instructions:** arugula pesto, arugula, olive oil, mint, salt, pepper, red vine vinegar, agave, nutritional yeast | fresh herbs, salt , pepper, canola oil |
|  | **herb roasted rosemary potatoes** |   | olive oil, fresh herbs, salt , pepper |
|  | **balsamic braised red cabbage** |   | salt, pepper, olive oil, balsamic |
|  | **roasted acorn squash** |   | olive oil, salt, pepper, agave |
|  | **allergy free chicken** |  | olive oil, salt, pepper |
|  | **quinoa cakes** |   | garbanzo bean, cilantro, quinoa, cumin, salt, pepper, onion, gluten free flour, baking powder, |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **sliced turkey breast** |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
|  | **sliced salami** | |
|  | **organic arugula** |     | JF Organic Farms |
|  | **roasted vegetables** |   | zucchini , yellow squash, red onion, sliced mushrooms, salt, pepper, olive oil |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza** |   | gluten free pizza dough, tomato sauce, tofu, mixed roasted vegetables |
|  | **cheese pizza** | |
|  | **buffalo chicken pizza** |  | fresh pizza dough, ranch, mozzarella cheese, buffalo chicken, celery, carrot |
| **Soup (special)** | **bacon & potato cheese soupSpecial Instructions:** onion, celery, carrot, heavy cream, chicken broth, rosemary, white wine, cheddar, potato, bacon |
|  | **vegan tomato bisque** | |
| **sweets (special)** | **Chocolate chip cookies** |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **chicken tenders** |
|  | **vegan tenders** | |
|  | **fries** | |
| **herbivore (special)** | **tofu curry** |   | red onion, coconut milk, soy sauce, pepper medley, zucchini, yellow squash, curry, pepper |
|  | **brown rice** | |
|  | **roasted cauliflower** |   | olive oil, salt, pepper |
| **global (special)** | **mongolian inspired beef** |  **Special Instructions:** 3# beef cut 1/4" sliced marinate with 1 tbs baking soda, 1 tbs white pepper, soy sauce 1.5 oz, corn starch 6 tbsp, 1 beaten egg white mix well let marinate over night sauce : 1.5 cup water, 1 cup soy sauce, 1 cup hoisin sauce, sugar 1 cup, 1/4 cup sriracha, 1/4 ketchup, 1oz rice vinegar, finish with corn Starch, slurry |
|  | **vegetarian fried rice** |   | sesame oil, garlic, egg, peas, carrot, soy sauce, celery, onion |
|  | **vegetable stir fry** |   | garlic, onion, sesame seed oil, soy sauce, corn starch, brown sugar |
|  | **fried tofu stir fry** |   | pepper medley, white onion, garlic, ginger, soy sauce, |
|  | **mongolian inspired chicken** | |
| **oasis (special)** | **chicken bruschetta** |     | Canyon Farms  **SIDE:** contains onions and garlic |
|  | **quinoa primavera** |    | carrot celery Kenter Canyon Farms |
|  | **sauteed green beans** |   | olive oil, salt, pepper |
|  | **roasted brussels sprouts** |   | olive oil, salt, pepper |
|  | **italian inspired vegetable stew** |    | eggplant, onion, garlic, celery, carrot, potato, kidney bean, red and green pepper, crushed tomato, sugar, salt, pepper, Kenter Canyon Farms |
|  | **allergy free pork loin** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza** |   | gluten free pizza dough, tomato sauce, tofu, mixed roasted vegetables |
|  | **cheese pizza** | |
|  | **buffalo chicken pizza** |  | fresh pizza dough, ranch, mozzarella cheese, buffalo chicken, celery, carrot |
| **Soup (special)** | **bacon & potato cheese soupSpecial Instructions:** onion, celery, carrot, heavy cream, chicken broth, rosemary, white wine, cheddar, potato, bacon |
|  | **vegan tomato bisque** | |
| **sweets (special)** | **Chocolate chip cookies** |

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| **Breakfast** | |
| **global (special)** | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **bacon scramble** | |
|  | **scrambled eggs** | |
|  | **breakfast potato** |   **Special Instructions:** potato, olive oil, salt, pepper |
|  | **turkey patty** |
|  | **breakfast vegetarian patty** | |
|  | **brown rice** | |
|  | **black beans** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **rice pilaf** |   | celery, carrot, peas, onion, garlic |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
| **sweets (special)** | **blueberry pecan muffin** |
| **Lunch** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **street dog** |   | bacon wrapped hot dog, onion, pepper medley . |
|  | **impossible burger** |  | lettuce, sliced tomatoes, red onions, pickles |
|  | **fries** | |
| **herbivore (special)** | **falafel wrap** |
|  | **spinach & jackfruit falafel** | |
|  | **cucumber tomato salad** |   **Special Instructions:** oregano fresh, mint, salt, pepper, cucumber, tomato, red onion |
|  | **lettuce** | |
|  | **pita** | |
|  | **tahini dressing** |   | vegan yogurt, tahini, lemon juice, garlic, salt |
| **global (special)** | **chicken teriyaki** | |
|  | **sticky rice** | |
|  | **vegetable medley** |   | cabbage, broccoli, carrot |
|  | **teriyaki fried tofu** | |
|  | **togarashi** | |
|  | **pickled ginger** |   **Special Instructions:** soy sauce, ginger, garlic, canola oil, sriracha , brown sugar |
| **oasis (special)** | **pepper steak** |  | onion, pepper medley, mushroom, liquid aminos, green onion |
|  | **jasmine rice** | |
|  | **roasted eggplant** |   | asian eggplant, scallion, liquid aminos, sugar, Korean chili, |
|  | **spicy charred bok choy** |    | liquid aminos, ginger JF Organic Farms |
|  | **mushroom rice patties** |   | rice , rice flour, parsley, cilantro, liquid aminos , mushroom, sesame seed baking powder. |
|  | **allergy free chicken** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **slice smoked ham** | |
|  | **sliced turkey breast** |
|  | **roasted marinated portobello mushroom** |   **Special Instructions:** mix all ingredients in a bowl and marinate mushrooms for 6 hours roast 350 f for 10 minutes, slice on angle 2 inch by 3.5 | balsamic vinegar, olive oil, salt, pepper, fresh herbs |
|  | **shredded ice berg lettuce** | |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
| **ovens (special)** | **margarita pizza** | |
|  | **buffalo chicken pizza** | |
|  | **cheese pizza** | |
| **Soup (special)** | **chicken & shrimp jambalaya** |  | chicken, shrimp, pork sausage, cayenne pepper, onion, garlic, |
|  | **vegan pumpkin soup** |   | contains coconut milk |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **blueberry pecan muffin** |
|  | **flourless chocolate cake** | |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **street dog** |   | bacon wrapped hot dog, onion, pepper medley . |
|  | **fries** | |
|  | **quesadilla bar** |
|  | **green salsa** | |
|  | **cheese quesadilla** | |
|  | **pico de Gallo** |
| **herbivore (special)** | **quinoa power bowl** | |
|  | **roasted agave sweet potatoes** |   | agave, paprika, nutritional yeast, salt , pepper, olive oil |
|  | **sautéed kale** |   | olive oil, salt, pepper, |
|  | **roasted pepper medley & mushrooms** |   | olive oil, salt, pepper, paprika |
|  | **coconut marinated baked tofu** |   | coconut milk, soy sauce, lemon juice, salt, pepper |
|  | **vegan green goddess** |   **Special Instructions:** vegan yogurt , chives, caper, garlic, nutritional yeast, red wine vinegar, parsley, dijon mustard |
| **global (special)** | **chicken caprese** |  | pesto, mozzarella, roasted tomato, balsamic glaze |
|  | **portobello mushroom tower** |   | tofu, steak tomato, basil, balsamic glaze |
|  | **roasted summer squash & cherry heirloom tomato with pesto** | |
|  | **dinner roll** | |
| **oasis (special)** | **raspberry balsamic roasted pork loin** |   | fresh herbs, olive oil, salt pepper, balsamic, raspberries, brown sugar |
|  | **roasted red potatoes** |   | olive oil, salt , pepper, fresh herbs |
|  | **roasted beets** |   | olive oil, salt, pepper, parsley, |
|  | **roasted spaghetti squash** |    | olive oil, salt , pepper, fresh herbs Kenter Canyon Farms |
|  | **hearty root vegetable stew** |   | carrot, potato, parsnips, rutabaga , fresh herbs, garlic, salt , pepper, tomato |
|  | **pork loin** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **margarita pizza** | |
|  | **buffalo chicken pizza** | |
|  | **pepperoni pizza** | |
|  | **cheese pizza** | |
| **Soup (special)** | **chicken & shrimp jambalaya** |  | chicken, shrimp, pork sausage, cayenne pepper, onion, garlic, |
|  | **vegan pumpkin soup** |   | contains coconut milk |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **flourless chocolate cake** | |

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| **Breakfast** | |
| **global (special)** | **veggie scramble** |   | broccoli, mushroom, onion, spinach, tomato |
|  | **scrambled eggs** | |
|  | **breakfast vegetarian patty** | |
|  | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **roasted potato O'Brien** |   **Special Instructions:** olive oil, salt, pepper |
|  | **bacon** |
|  | **brown rice** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **Spinach** |   | peppers, salt , pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
| **sweets (special)** | **sour cream Coffee cake** |
| **Lunch** | |
| **Grill (special)** | **fries** | |
|  | **impossible burger** |  | lettuce, sliced tomatoes, red onions, pickles |
|  | **habanero fried chicken sandwich** |  | pickle, habanero slaw, fried chicken , brioche |
|  | **substitute lettuce wrap for any burger or sandwich** |
| **herbivore (special)** | **vegan fiesta bowl** | |
|  | **black beans** | |
|  | **cilantro lime brown rice** |    | brown rice, cilantro , lime, salt, pepper |
|  | **Impossible ground beef** |  | chili powder, onion, garlic, salt , pepper |
|  | **vegan cheese** | |
|  | **roasted fiesta corn** |   | bell peppers, corn, salt, |
|  | **pico de gallo** |   | tomato, cucumber, onion, lime juice , salt |
|  | **guacamole** | |
| **global (special)** | **Indarra Modern Indian Cuisine** | |
|  | **Chicken Vindaloo** | |
|  | **Matter Paneer Curry** |   | Peas & Paneer Curry |
|  | **Basmati Rice** | |
|  | **Naan Bread** | |
| **oasis (special)** | **roasted stuffed pepper** |   | kidney bean, peppers, onions, tomatoes |
|  | **butternut & sautéed spinach** |   | olive oil, salt, pepper |
|  | **spanish rice** | |
|  | **roasted chayote squash & carrots** |   | olive oil, salt, pepper |
|  | **pork carnitas** |   | salt, pepper, sugar, garlic, paprika, cayenne pepper  **SIDE:** contains garlic |
|  | **allergy free chicken** |   | olive oil, salt, pepper |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **sliced turkey breast** |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
|  | **sliced salami** | |
|  | **roasted vegetables** |   | zucchini , yellow squash, red onion, sliced mushrooms, salt, pepper, olive oil |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
| **ovens (special)** | **fig & brie with prosciutto** | fig spread, brie cheese, arugula, prosciutto, balsamic glaze |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **pepperoni pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, mozzarella cheese |
|  | **cheese pizza** | |
| **Soup (special)** | **chicken wonton soup** |
|  | **lentil soup** | |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **cinnamon dulce de leche cheerio bars** | |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **surf & turf** |  **SIDES:** new york strip | salmon |
|  | **surf & turf sides**  **SIDES:** onion rings | steak fries | mushroom demi |
|  | **sauteed onion** | |
| **herbivore (special)** | **blakened asparagus** | |
|  | **sweet potato puree** |   | oat milk , salt, pepper, , vegan butter |
|  | **roasted crimini mushrooms** |   | olive oil, salt, pepper, fresh herbs |
| **global (special)** | **roasted turkey** | |
|  | **cajun red potatoes** |   | olive oil, cajun spice |
|  | **broccolini** | |
|  | **blackened tofu casserole** |   | tofu, onion, green beans, pepper medley, blackening spice |
| **oasis (special)** | **chicken curry** |     | coconut milk, curry, salt, pepper, onion, ginger , garlic, cumin, turmeric |
|  | **brown rice** | |
|  | **curry green beans** |   | olive oil, salt, pepper, curry, cayenne |
|  | **sweet potato yams** |   | olive oil, salt, pepper, paprika |
|  | **lentil dal** |   | red lentil, carrot, celery, garam masala, parsley  **SIDE:** contains garlic |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **fig & brie with prosciutto** | fig spread, brie cheese, arugula, prosciutto, balsamic glaze |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **pepperoni pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, mozzarella cheese |
|  | **cheese pizza** | |
| **Soup (special)** | **chicken wonton soup** |
|  | **lentil soup** | |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **cinnamon dulce de leche cheerio bars** | |

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| **Breakfast** | |
| **global (special)** | **scrambled eggs** | |
|  | **breakfast vegetarian patty** | |
|  | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper | olive oil, salt, pepper, basil, parsley, shallot |
|  | **chorizo egg scramble** | |
|  | **breakfast potato** |   **Special Instructions:** onion, pepper medley, salt, pepper, paprika |
|  | **turkey link sausage** |
|  | **jasmine rice** | |
|  | **refried bean** | |
|  | **sauteed green bean** |   | oil, salt, pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
|  | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **sweets (special)** | **raspberry and almond muffin** |
| **Lunch** | |
| **Grill (special)** | **baja inspired fish taco bar** |  | fried and pan seared catfish |
|  | **pico de gallo** |   | onion, tomato, cilantro lemon juice |
|  | **baja black beans** | |
|  | **red & green salsa** | |
|  | **slaw** |   | olive oil, salt, pepper, red wine vinegar |
|  | **cilantro rice** |  | onion, garlic, cilantro, salt, pepper butter contains Dairy! |
|  | **sour cream** | |
|  | **lemons** | |
| **herbivore (special)** | **Lentil Buddha bowl** | |
|  | **turmeric quinoa** | |
|  | **lentil salad** |   | sweet red onion, salt, pepper, cumin , lemon juice, jalapeño |
|  | **Roasted tomatoes** |   | olive oil, salt, pepper |
|  | **roasted White yams** |   | olive oil, salt , pepper |
|  | **heirloom tomatoes** |   | salt, pepper, |
|  | **Roasted oyster & crimini mushrooms** |
|  | **Coconut basil cream** |
| **global (special)** | **chow mein** | |
|  | **vegetarian spring rolls** | |
|  | **chicken pot stickers** |
|  | **pork & chicken gyoza wontons** |
|  | **vegetable stir fry** | |
|  | **sweet chili sauce** | |
| **oasis (special)** | **beef short rib** |  | olive oil, salt, pepper |
|  | **brown rice pilaf** |   | onion, garlic, carrot, pea, corn |
|  | **brussel sprouts** | |
|  | **roasted beets & rainbow carrots** |   | olive oil, salt, pepper, fresh oregano, agave |
|  | **chickpea stew** |   | onion, carrot, celery, garbanzo beans, kale, salt, pepper, tomato |
|  | **allergy free chicken** |   | olive oil salt, pepper |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **slice smoked ham** | |
|  | **sliced turkey breast** |
|  | **roasted marinated portobello mushroom** |   **Special Instructions:** mix all ingredients in a bowl and marinate mushrooms for 6 hours roast 350 f for 10 minutes, slice on angle 2 inch by 3.5 | balsamic vinegar, olive oil, salt, pepper, fresh herbs |
|  | **shredded ice berg lettuce** | |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **pepperoni pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
|  | **cheese pizza** | |
| **Soup (special)** | **classic new england clam chowder** | |
|  | **lentil tortilla soup** |   **Special Instructions:** onion, garlic, pepper medley, corn, kidney beans, lentil, tomato paste, dice tomato, vegetable broth, chili powder, cumin, oregano, salt, pepper, lime juice. cilantro & tortilla strips |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **blondie** | |
| **Dinner** | |
| **Grill (special)** | **wings bar** |  | buffalo sauce , mango habanero  **SIDES:** carrot & celery sticks | ranch | fries |
|  | **sweet potato fries** |
| **herbivore (special)** | **greek inspired bowl with vegan chicken** | |
|  | **tabbouleh** |  | Bulger , parsley, mint, lemon juice |
|  | **vegan chicken** | |
|  | **Greek salad** |   | Tomatoes, red onion , cucumbers, olives |
|  | **Tahini dressing** |
| **global (special)** | **garlic mash potato** | |
|  | **cajun roasted broccoli** |   **Special Instructions:** cayenne pepper, salt, onion powder, sugar, paprika, olive oil |
|  | **bbq chicken** | |
|  | **bbq pork ribs** |
|  | **bbq tofu** | |
| **oasis (special)** | **chicken vindaloo** |    | cumin seed, turmeric, cinnamon, peper corn, clove, sugar, garlic, ginger, onion, tomato, |
|  | **roasted cauliflower** | |
|  | **curry zucchini & yellow squash** |   | olive oil, salt , pepper, curry |
|  | **pulao brown rice** |   | onion, carrot, green peas, mint, ginger, bay leaf, cinnamon, clove, anise star, nutmeg, |
|  | **lentil dal** |   | onion, clove, coriander, cumin, paprika, garam masala, coconut milk, tomato, salt, pepper, lime juice, parsley garnish |
|  | **allergy free chicken** |   | olive oil salt, pepper |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **pepperoni pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
|  | **cheese pizza** | |
| **Soup (special)** | **classic new england clam chowder** | |
|  | **lentil tortilla soup** |   **Special Instructions:** onion, garlic, pepper medley, corn, kidney beans, lentil, tomato paste, dice tomato, vegetable broth, chili powder, cumin, oregano, salt, pepper, lime juice. cilantro & tortilla strips |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **blondie** | |

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| **Brunch** | |
| **Grill (special)** | **chicken and waffles**  **SIDES:** syrup | butter |
| **herbivore (special)** | **acai bar** |  **SIDES:** mango | pineapple | chia seeds | house made granola |
| **global (special)** | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper | olive oil, salt, pepper, basil, parsley, shallot |
|  | **sauteed spinach & swiss frittata** | |
|  | **scrambled egg** | |
|  | **breakfast potato** |   **Special Instructions:** onion, pepper medley, salt, pepper, olive oil |
|  | **bacon** | |
|  | **impossible breakfast patty** | |
|  | **quinoa pilaf** |   **Special Instructions:** onion, celery, carrot, olive oil, salt, pepper, spinach |
|  | **roasted sweet potatoes** |   | olive oil, salt, pepper |
|  | **tofu scramble** |   | onion, carrot, celery, parsley, turmeric, salt, pepper, olive oil, spinach |
|  | **sautéed spinach & roasted fennel** |   | olive oil, salt, pepper |
| **oasis (special)** | **allergy free braised beef** |  | olive oil, salt, pepper |
|  | **Jasmine rice** |   | olive oil, garlic, onion, salt, pepper, |
|  | **roasted cauliflower** |   | olive oil, salt, pepper, paprika  **SIDE:** Brussel sprouts |
|  | **lentil stew** |   | lentils, tomato, salt, pepper, onion, carrots |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
|  | **green chicken pozole soup** | |
|  | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **sweets (special)** | **blueberry pecan muffin** |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **impossible burger** |  | shredded iceberg lettuce, sliced tomatoes, red onions, and yogurt mint dressing on a sesame bun |
|  | **classic smashed burger** |  | shredded iceberg, tomato, onion cheddar, American dressing sesame bun  **SIDE:** Fries |
| **herbivore (special)** | **tofu & vegetable curry** |    | coconut milk, onion, garlic, soy sauce, curry, carrot, celery, onion, rainbow cauliflower |
|  | **brown rice** | |
|  | **roasted zucchini & yellow squash** |   **Special Instructions:** korean chili, salt, pepper, canola oil |
| **global (special)** | **broccoli beef** | |
|  | **fried rice** |   **Special Instructions:** egg, peas, carrot, celery, onion, garlic, soy sauce, sesame oil |
|  | **steamed vegetable medley** |   **Special Instructions:** Korean dry chili, gluten free soy sauce, salt, pepper, oil |
|  | **plant base beef broccoli** | |
| **oasis (special)** | **allergy free braised beef** |  | olive oil, salt, pepper |
|  | **Jasmine rice** |   | olive oil, garlic, onion, salt, pepper, |
|  | **roasted cauliflower** |   | olive oil, salt, pepper, paprika  **SIDE:** Brussel sprouts |
|  | **steamed spinach** | |
|  | **lentil stew** |   | lentils, tomato, salt, pepper, onion, carrots |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **Soup (special)** | **green chicken pozole soup** | |
| **sweets (special)** | **Chocolate chip cookies** |

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| **Brunch** | |
| **Grill (special)** | **avocado toast bar** |
|  | **mozzarella cheese** | |
|  | **arugula** | |
|  | **steak tomatoes** | |
|  | **red onion** | |
|  | **avocado spread** | |
|  | **impossible burger** |  | served on a sesame bun |
|  | **balsamic reduction** | |
|  | **Fried Eggs** |
| **herbivore (special)** | **overnight oat bar** |   | agave, oats, coconut milk  **SIDES:** cocoa nibs | mixed berries |
| **global (special)** | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper | olive oil, salt, pepper, basil, parsley, shallot |
|  | **impossible breakfast patty** | |
|  | **chilaquiles guajillo sauce** |   | onion, garlic, guajillo chili, tomato, cumin, salt, pepper |
|  | **refried beans** | |
|  | **scrambled egg** | |
|  | **breakfast potato** |   **Special Instructions:** onion, pepper medley, salt, pepper, olive oil |
|  | **pork patty sausage** |
|  | **brown rice** | |
|  | **roasted butternut squash** |   **Special Instructions:** olive oil, salt, pepper, basil, garlic, red wine vinegar |
|  | **chickpea stir fry** |   | onion, bell peppers, turmeric, salt, pepper, cilantro |
|  | **allergy free chicken** | |
| **oasis (special)** | **italian inspired eggplant & bean stew** |   | onion, garlic, celery, eggplant, butternut squash, kidney beans, basil, thyme |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **oatmeal** | |
|  | **sweet potato carrot bisque** | |
|  | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **Breakfast** | |
| **sweets (special)** | **croissants** |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **classic smashed burger** |  | shredded iceberg, tomato, onion cheddar, American dressing sesame bun  **SIDE:** fries |
| **herbivore (special)** | **kung pao brussels sprouts** |   | brussels, onion, pepper medley, garlic, ginger, soy sauce, sesame oil, brown sugar, chili flakes |
|  | **yakisoba noodle stir fry** |  | edamame, red onion, soy sauce, ginger, garlic, brown sugar Contains Soy! |
|  | **roasted vegetables** |
|  | **Tofu** |
| **global (special)** | **parmesan cheese** | |
|  | **chicken ravioli with allfredo sauce** |
|  | **butternut squash ravioli with pesto** | |
|  | **Broccolini** |   **Special Instructions:** olive oil, salt, pepper |
| **oasis (special)** | **grilled flank steak** |   | olive oil, rosemary, salt, pepper |
|  | **brown rice** | |
|  | **sauteed kale with peppers** |   | salt, pepper |
|  | **roasted asparagus** |  | salt, pepper, oil |
|  | **italian inspired eggplant & bean stew** |   | onion, garlic, celery, eggplant, butternut squash, kidney beans, basil, thyme |
|  | **allergy free chicken** |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **margarita pizza** | |
|  | **roasted veggie pizza with gluten free crust** | |
|  | **pepperoni pizzaSpecial Instructions:** fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
| **Soup (special)** | **sweet potato carrot bisque** | |
| **sweets (special)** | **Chocolate chip cookies** |
|  | **chocolate Brownie** |